



# Sorry Koubou

## Camomile Herb Picking and Cosmetics Making

Camomile has been used for over two thousand years as a remedy for skin irritation, calming effects, and as a natural moisturizer with skin whitening property. This resilient flower grows wild even in Shimokawa's coldest months, and it can be picked by hand and enjoyed fresh as chamomile tea.

When picked in summer, its distinctive dark blue hue is a highly unusual colour for a natural plant. In the beauty of the organic herbal garden where wild rabbits, dears and foxes visit, participants can enjoy the relaxing session of camomile picking and fresh camomile teatime.

After the outdoors activity, you are invited to a cosmetics making workshop, where creators of the 'Sorry Koubou' brand Yamada-san and Komatsu-san show how combining a herbal tincture with some water and sugar solution creates a purer, more effective cosmetic than any you can find on the shelves. In the workshop, you will choose out of 6 types of herbal tinctures according to your skin condition and favoured aroma and can take away your original skin toner in a 100ml bottle.

Sorry Koubou's business of sustainable cosmetics making is based on the philosophy that health can be achieved by the power of nature.

1. Place : Ichinohashi (Behind Eki-Cafe Ichinohashi)
2. Season : End of June~Beginning of August (Summer only)
3. Time : Any preferred time
4. Age : For all ages
5. Number of people : Minimum 2 people
6. Workshop contents : Camomile picking & fresh camomile tea session  
& skin toner making = Approximately 2 hours
7. Fee : ¥5,500 (Cash Only)
8. Clothing : -
9. Reservation : 7 days prior to the preferred date of the workshop  
cancellation upon rain will be announced 2 days  
prior to the preferred date